

Union Yoga 200 Hr Yoga Teacher Training Application Form

Name: _____ Date of Birth (dd/mm/yyyy): _____

Email: _____ Phone: _____

How did you hear about our teacher training program? (select all that apply)

- Facebook
- Instagram
- Web search
- Newsletter
- Union Website
- Other: _____
- Union Yoga Teacher (who?) _____

Describe your yoga and meditation background (length of study, studios, styles practiced, main teachers/mentors) :
(Note that 1-2 years minimum regular yoga asana practice is required for admission)

Tell us about yourself: What is your educational and occupational background? Other most valued hobbies or activities?

How has yoga/meditation affected your life? (More space on next page)



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Why is it important to create a safe and inclusive class space when teaching yoga/meditation, and how might you do this?

Describe why you are applying to Union's TT program. What is your motivation, and what are you hoping to do after program completion? Why Union Yoga in particular?

Will you have to miss any of the training days? (which dates)

Thank you for your interest.



ADMIN ONLY. \$50 deposit received (DATE): _____

Date received: _____ Action: _____ Initials: _____